



Parents of players,

Due to recent changes to social distancing measures and after direction from the Football Association, we (Coaching Staff) believe we are in a place where training can resume safely.

In order for us to do this in a safe manner, we have put some guidelines and procedures in place, some of which will require a small input from yourselves.

All squad members can attend training at the same time with the players separated into small groups on arrival and placed into pens. Players will be asked to fully sanitise their hands prior to commencing any activity using their own sanitiser. Training will then be conducted in groups of no more than six (including a coach). A round robin of non-contact drills will be produced by the coach's, and players will remain within their groups throughout the session.

To ensure that we have enough coaching staff for the session, the player's guardian is requested to inform the manager no later than 24 hours before if the player will be in attendance for that planned session and confirm agreement with Milford Athletic key points shown below.

Parents are asked to ensure all current social distancing measures are explained to their child prior to attendance.

Please ensure each player brings their own hand sanitiser with a minimum of 70% alcohol content, also their own water bottle clearly marked with their name to ensure no cross contamination by players.

In the case of any minor injury, the players will try and treat themselves with verbal instruction from the coaches if required. In the unlikely event of a major injury and social distancing measures having to be broken, the person treating the player will wear gloves and a face mask provided to each team by the club. You will then be informed that contact was made by the manager.

In the unlikely event that a player continues to negate the rules being put in place, we will unfortunately have to ask them to leave to protect the safety of other players and staff.

A specific Coronavirus section has been created on the Milford Athletic FC website www.milfordathletic.co.uk. Here our risk assessment, this parental advice form and relevant Government / FA guidelines can all be found. All players and staff are to hand sanitise upon arrival, during (if instructed to do so) and on exiting from the training facilities.

Parental Checklist and agreement to abide by

- Please ensure your child has no signs or symptoms of Coronavirus when attending training. (This includes High Temperature, Persistent Cough, a loss or change to the sense of smell or taste.)
- Please inform the manager that the player will be in attendance.
- You are happy with the procedures in the event of an injury.



- Please ensure the player is aware of current Social Distancing measures in place and that you agree to abide by them also if attending and spectating the session.
- You are aware the player will be asked to leave if not adhering to the teams rules.

Player checklist and agreement to abide by

- I will use the toilet and wash my hands for a minimum of 20 seconds prior to leaving home to attend a training session. Upon returning home I will wash my hands for a further 20 seconds.
- I will not touch or move equipment unless specifically requested to. Upon touching players to return to their station and sanitise along with corresponding equipment also by the coach.
- I will stay away from the coaches, other players, other parents / carers throughout attending training.
- I will listen to instructions given by the coaches at all times.
- I will not fist bump, high five or spit at any time.

If you can please message the manager stating that you are happy with the 5 point checklists above to acknowledge your attendance and acceptance of these. Your manager will notify you of your pitch (See MAFC Wildwood Pitch Allocation Doc), (Pitches are strictly by booking only to avoid any overcrowding or double bookings) arrival times and session length. If you have any questions or concerns relating to the commencement of training please feel free to question direct to the manager, coaches, or through our Social Media outlets.

We trust that all of the above meets with your full approval and ensures the best safety practices of your children whilst attending Milford Athletic FC training sessions at this time.

Best Regards

Lee Pountney

Milford Athletic FC - Chairman