



MILFORD ATHLETIC FOOTBALL CLUB – CORONAVIRUS UNDERTAKING TRAINING RISK ASSESSMENT



<p>Key Guidance This section provides a quick overview of some of the key concepts in risk assessment. Refer to Notes section for further information. The first line of the risk assessment table, below, shows an illustrative example.</p> <p>Hazard is anything that may cause harm, e.g. working at height on a ladder.</p> <p>Risk is the chance that someone or something could be harmed by the hazard, measured by combining (multiplying) the likelihood of it happening with its impact (severity). For example, there may be a 'possible' likelihood that someone that is not competent could fall from a ladder (3 rating – see right) combined with a 'moderate' impact of multiple injuries (2 rating), which creates a score of 6 (low risk). However, the risk should be reduced to as low as reasonably practicable (ALARP) through the implementation of control measures, such as ensuring that only trained people climb the ladder.</p> <p>Dynamic Risk Assessment compliments generic and specific risk assessment. It is beholden on the person creating the risk to continue to monitor the activity and the control measures. Any changes to the activity (including the environmental conditions) or the control measures, must be addressed via the mechanism of a dynamic risk assessment such that risks remain ALARP.</p> <p>Note however that persons undergoing training cannot be deemed competent until their capability is properly assessed</p>	<p>Likelihood (L)</p> <p>1 – Remote / Rare 2 – Unlikely 3 – Possible 4 – Probable 5 – Highly Probable (Almost Certain)</p>	<p>Impact (I)</p> <p>1 – Minor 2 – Moderate 3 – Major 4 – Severe 5 – Critical</p> <p><i>Note: impact number is unlikely to change with control measures</i></p>	<p>Multipled by</p>	<p>Equals</p>	<p>Risk Score Calculation</p>						
					<p>Likelihood</p>						
						1	2	3	4	5	
					<p>Impact</p>	5	5	10	15	20	25
						4	4	8	12	16	20
3	3	6	9	12		15					
2	2	4	6	8		10					
	1	1	2	3	4	5					

5 Step Process	→	Step 1 – Identify the hazards	Step 2 – Decide who might be harmed and how	Step 3 – Evaluate the risks and decide on precautions (control measures)	Step 4 – Record your significant findings and include in Ex / Coord instructions as necessary. Implement control measures	Step 5 – Review your risk assessment and update as necessary
-----------------------	---	--------------------------------------	--	---	--	---

Who	Milford Athletic Football Club – All Teams	Assessor	Lee Pountney
Activity	Coaching	Assessor's signature:	[Electronically Signed]
Generic or Specific Risk Assessment:	Generic	Assessment Date:	24 Jun 20
Relevant Publications / Pamphlets / Procedures:	<ul style="list-style-type: none"> - COVID-19: guidance for employees, employers and businesses. - http://www.thefa.com/news/2020/may/15/fa-guidance-on-permitted-grassroots-activity-during-covid-19-150520 	Review Date for GRA (Step 5):	Monthly or In line with changes to Govt guidance.

(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)	(m)	(n)
Ref	Activity / element (Step 1a)	Hazards identified (Step 1b)	Who or what might be harmed and how, e.g.	Existing control measures (Step 3a)	Assessment with existing controls			Is residual risk acceptable in the context of risk appetite for the activity? (Yes / No) – Refer to Risk Score Calculation above. If Yes, move to column (n). If No, identify additional controls (Step 3e)	Reasonable additional controls that can be implemented to reduce risk to ALARP (Step 3f)	Reassessment with additional control measures			List required action(s) to instigate controls (Step 3j)
					L (1 to 5) (Step 3b)	I (1 to 5) (Step 3c)	Score (L x I) (Step 3d)			L (1 to 5) (Step 3g)	I (1 to 5) (Step 3h)	Score (L x I) (Step 3i)	
1	Arrival at training	Contamination of Coronavirus through lack of hand hygiene.	Coach & Players	In line with Government and the Football Association's advice, hand sanitising will be in place so that all staff and players can sanitise their hands prior to training commencing and on completion of training. Parents will be required to ensure their child washes their hands thoroughly	3	3	9		Checklist completed by parents prior to training – see instigation. Parents will notify the manager no less than 24 hours prior to training commencing if their child will be in attendance so that these groups can be pre-determined to minimize loitering or confusion	2	3	6	Continuing review of C-19 pandemic, review of this risk assessment monthly from date of sign off. Signs and Symptoms checklist completed by parents prior to training commencing – this can be completed Email or text



MILFORD ATHLETIC FOOTBALL CLUB – CORONAVIRUS UNDERTAKING TRAINING RISK ASSESSMENT



(a) Ref	(b) Activity / element (Step 1a)	(c) Hazards identified (Step 1b)	(d) Who or what might be harmed and how, e.g.	(e) Existing control measures (Step 3a)	(f) (g) (h) Assessment with existing controls			(i) Is residual risk acceptable in the context of risk appetite for the activity? (Yes / No) – Refer to Risk Score Calculation above If Yes, move to column (n). If No, identify additional controls (Step 3e)	(j) Reasonable additional controls that can be implemented to reduce risk to ALARP (Step 3f)	(k) (l) (m) Reassessment with additional control measures			(n) List required action(s) to instigate controls (Step 3j)
					L (1 to 5) (Step 3b)	I (1 to 5) (Step 3c)	Score (L x I) (Step 3d)			L (1 to 5) (Step 3g)	I (1 to 5) (Step 3h)	Score (L x I) (Step 3i)	
				<p>for a minimum of 20 seconds prior to leaving for training. In accordance with Govt direction</p> <p>Hand sanitiser provided will have a minimum alcohol content of 70%.</p>					<p>To ensure that all staff, parents, and players are aware of the counter measures in place during the training session. All information is available on Milford Athletic website www.milfordathletic.co.uk which will include the latest guidance on permitted grassroots football activity during COVID-19 produced by the Football Association and Government Social Distancing measures.</p> <p>There will also be current information displayed on the teams Social Media outlets. This will be updated in line with guidance from the relevant governing bodies.</p>				
2	During Training	Contamination of Coronavirus due to close proximity of players and staff.	Coach and Players	<p>After completing hand sanitisation, players will be placed into groups of no more than five (becoming a group of six with the addition of a coach).</p> <p>Each group will have an administration pen that will be split into 5 areas (all 2 meters apart). This is where players will place their personal possessions and return to for any water breaks/ rest/ admin.</p> <p>Groups will then be taken by their coaches to the relevant training drill area where the 2 meters rule will continue to be in place.</p>	3	3	9		<p>Checklist completed by parents prior to training – see instigation.</p> <p>Parents will notify the manager no less than 24 hours prior to training commencing if their child will be in attendance so that these groups can be pre-determined to minimize loitering or confusion</p> <p>To ensure that all staff, parents, and players are aware of the counter measures in place during the training session. All information is</p>	1	3	3	



MILFORD ATHLETIC FOOTBALL CLUB – CORONAVIRUS UNDERTAKING TRAINING RISK ASSESSMENT



(a) Ref	(b) Activity / element (Step 1a)	(c) Hazards identified (Step 1b)	(d) Who or what might be harmed and how, e.g.	(e) Existing control measures (Step 3a)	(f) (g) (h) Assessment with existing controls			(i) Is residual risk acceptable in the context of risk appetite for the activity? (Yes / No) – Refer to Risk Score Calculation above If Yes, move to column (n). If No, identify additional controls (Step 3e)	(j) Reasonable additional controls that can be implemented to reduce risk to ALARP (Step 3f)	(k) (l) (m) Reassessment with additional control measures			(n) List required action(s) to instigate controls (Step 3j)
					L (1 to 5) (Step 3b)	I (1 to 5) (Step 3c)	Score (L x I) (Step 3d)			L (1 to 5) (Step 3g)	I (1 to 5) (Step 3h)	Score (L x I) (Step 3i)	
				<p>Drills will be pre planned to ensure the drill can be conducted in line with the social distancing measures.</p> <p>On completion of a practice, the groups will rotate simultaneously around the drills to ensure no mixing of groups occur.</p> <p>When training has finished, the groups will return to their respective areas to pack personal equipment away before leaving they will sanitise their hands thoroughly.</p>			9		<p>available on Milford Athletic website www.milfordathletic.co.uk which will include the latest guidance on permitted grassroots football activity during COVID-19 produced by the Football Association and Government Social Distancing measures</p> <p>There will also be current information displayed on the teams Social Media outlets. This will be updated in line with guidance from the relevant governing bodies.</p>				
3	Contact with training equipment	Contamination of Coronavirus through training equipment.		<p>All training equipment and the additional equipment facilitating the control measures will be cleaned prior to and on completion of training by the coaches using sanitising wipes.</p> <p>The equipment other than the balls will not be touched by any players with the coaching staff setting up the training area prior to the arrival of players and after the players have left.</p>	3	3	9		<p>Checklist completed by parents prior to training – see instigation.</p> <p>Parents will notify the manager no less than 24 hours prior to training commencing if their child will be in attendance so that these groups can be pre-determined to minimize loitering or confusion</p> <p>To ensure that all staff, parents, and players are aware of the counter measures in place during the training session. All information is available on Milford Athletic website www.milfordathletic.co.uk which will include the latest guidance on permitted grassroots</p>	1	3	3	



MILFORD ATHLETIC FOOTBALL CLUB – CORONAVIRUS UNDERTAKING TRAINING RISK ASSESSMENT



(a) Ref	(b) Activity / element (Step 1a)	(c) Hazards identified (Step 1b)	(d) Who or what might be harmed and how, e.g.	(e) Existing control measures (Step 3a)	(f) (g) (h) Assessment with existing controls			(i) Is residual risk acceptable in the context of risk appetite for the activity? (Yes / No) – Refer to Risk Score Calculation above If Yes, move to column (n). If No, identify additional controls (Step 3e)	(j) Reasonable additional controls that can be implemented to reduce risk to ALARP (Step 3f)	(k) (l) (m) Reassessment with additional control measures			(n) List required action(s) to instigate controls (Step 3j)
					L (1 to 5) (Step 3b)	I (1 to 5) (Step 3c)	Score (L x I) (Step 3d)			L (1 to 5) (Step 3g)	I (1 to 5) (Step 3h)	Score (L x I) (Step 3i)	
									<p>football activity during COVID-19 produced by the Football Association and Government Social Distancing measures.</p> <p>There will also be current information displayed on the teams Social Media outlets. This will be updated in line with guidance from the relevant governing bodies.</p>				
4	Players not adhering to guidance and instruction on social distancing		Players	<p>If at any time a player does not adhere to the measures due to negligence, the player will be asked to return to the admin area where the rules will be reiterated.</p> <p>If the player continues to not conform, the parents will be informed that the player has been asked to politely leave training until the next session.</p> <p>If the player repeats this at a future session the player will be asked to return at a later date when full training is in place.</p>	1	3	3		Arrival brief delivered prior to training commencing to inform on the guidance/rules.	1	3	3	
5	Sharing of water bottles		Players	<p>No bottled water will be provided by the club during training.</p> <p>Each player will be asked to bring a clearly marked water bottle of their own.</p> <p>Water will only be consumed from the players own bottle within the players personal admin area.</p>	1	3	3		Arrival brief delivered prior to training commencing to inform on the guidance/rules.	1	3	3	



MILFORD ATHLETIC FOOTBALL CLUB – CORONAVIRUS UNDERTAKING TRAINING RISK ASSESSMENT



(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)	(m)	(n)
Ref	Activity / element (Step 1a)	Hazards identified (Step 1b)	Who or what might be harmed and how, e.g.	Existing control measures (Step 3a)	Assessment with existing controls			Is residual risk acceptable in the context of risk appetite for the activity? (Yes / No) – Refer to Risk Score Calculation above If Yes, move to column (n). If No, identify additional controls (Step 3e)	Reasonable additional controls that can be implemented to reduce risk to ALARP (Step 3f)	Reassessment with additional control measures			List required action(s) to instigate controls (Step 3j)
					L (1 to 5) (Step 3b)	I (1 to 5) (Step 3c)	Score (L x I) (Step 3d)			L (1 to 5) (Step 3g)	I (1 to 5) (Step 3h)	Score (L x I) (Step 3i)	
6	Injured player		Players	We currently have first aid trained coaches and parents that can deal with minor injuries and triage whether further medical attention is required. However due to current circumstance, to deal with an injury a coach may have to brake social distancing measures to treat the player. Due to the nature of the training being non-contact, the likelihood of a serious injury is minimal. Any minor injury will be self help and parents informed if required.	3	3	9		Only in the case of a major injury would any contact need to be made between the manager/ coaches and the player. If contact is an absolute necessity, then gloves and facemask will be worn. Parents will be informed of the contact and any direction on further medical attention required.	1	3	3	

Authoriser	Name	Post	Date	Signature
Existing and additional controls agreed	LEE POUNTNEY	MILFORD ATHLETIC FOOTBALL CLUB - CHAIRMAN	24/06/2020	[Electronically Signed]

NOTES

<p>Risk = Likelihood x Impact</p> <table border="1"> <thead> <tr> <th>Likelihood</th> <th>Definition</th> </tr> </thead> <tbody> <tr> <td>5 Highly Probable (Almost Certain)</td> <td>Is expected to occur in most circumstances</td> </tr> <tr> <td>4 Probable</td> <td>Will probably occur at some time, or in most circumstances</td> </tr> <tr> <td>3 Possible</td> <td>Fairly likely to occur at some time, or some circumstances</td> </tr> </tbody> </table>	Likelihood	Definition	5 Highly Probable (Almost Certain)	Is expected to occur in most circumstances	4 Probable	Will probably occur at some time, or in most circumstances	3 Possible	Fairly likely to occur at some time, or some circumstances	<p>Step 5 - Review the generic risk assessment and update if necessary - All generic risk assessments should be regularly reviewed at a frequency proportional to the risk prior to any controls being proposed. In practice generic risk assessments should be reviewed at least annually, or more frequently:</p> <ul style="list-style-type: none"> • where required by local instructions/procedures; • if the safe execution of the activity relies on stringent supervision and/or adherence to a safe system of work; • if there is reason to doubt the effectiveness of the assessment. • following an accident or near miss. • following significant changes to the task, process, procedure, equipment, personnel or management.
Likelihood	Definition								
5 Highly Probable (Almost Certain)	Is expected to occur in most circumstances								
4 Probable	Will probably occur at some time, or in most circumstances								
3 Possible	Fairly likely to occur at some time, or some circumstances								



MILFORD ATHLETIC FOOTBALL CLUB – CORONAVIRUS UNDERTAKING TRAINING RISK ASSESSMENT



2	Unlikely	Is unlikely to occur, but could occur at sometime
1	Remote / Rare	May only occur in exceptional circumstances

Impact		Definition (Health Safety and Environment)
5	Critical	<ul style="list-style-type: none"> Multiple fatalities or permanent, life changing injuries. Permanent loss or damage beyond remediation of an important and publicly high-profile natural resource, area or species. Multiple incidents causing a major environmental impact.
4	Severe	<ul style="list-style-type: none"> A single death or multiple life-threatening injuries. Severe damage over a wide area and/or on a prolonged basis to a natural resource, including controlled waters, or geography requiring multi-year remediation. Single incident causing a major environmental effect or multiple incidents causing significant effect.
3	Major	<ul style="list-style-type: none"> Single life changing injury or multiple injuries which have a short-term impact on normal way of or quality of life. Moderate damage to an extended area and/or area with moderate environmental sensitivity (scarce/ valuable) requiring months of remediation. Single incident causing significant environmental impact.
2	Moderate	<ul style="list-style-type: none"> Multiple injuries requiring first aid. Moderate damage to an area, and that can be remedied internally. Multiple incidents causing minor environmental effect.
1	Minor	<ul style="list-style-type: none"> An Injury requiring first aid Limited short-term damage to an area of low environmental significance/ sensitivity Incidents causing minor environmental impacts